

Issata O. Inc



NJ CERTIFIED MINORITY & WOMEN OWNED BUSINESS



COACH | STRATEGIST | CONSULTANT

AVAILABLE FOR
BOOKING

www.issatao.com
(706) 431-7465
hello@issatao.com

2026



About Issata

As a first-generation immigrant and college student, I found that stepping into a leadership role in academia came with many firsts and challenges. Life became even more complex as I became a wife and mother of two, all while managing my career and ministry alongside my husband. Through my talks, online community, podcasts, and presentations, I share timeless lessons from experience and mentors to help you embrace and overcome failure and imposter syndrome, and show up as your fullest self. I'd love to connect with you!

About The EZ Breezy Life

The EZ Breezy Life is a global community centering the experiences of Christian women in servant leadership roles. Our blog, podcast, newsletters, and special offerings focus on physical, intellectual, emotional, social, spiritual, vocational, financial, and environmental wellness.

Specialty

- Organizational Change
- Crisis Response
- Professional Development Planning
- Staff Wellness
- Program Development
- Brand Development
- Publishing
- Women's Leadership

 **50K+**
FOLLOWERS

 **2K+**
FOLLOWERS

 **1K**
SUBSCRIBERS

 **1K**
FOLLOWERS

 **50+**
COUNTRIES

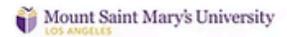
#IssataSpeaks

Seen in...



5-Time #1 Best-Selling Author

Impact



INDIANA UNIVERSITY



FLORIDA STATE UNIVERSITY



THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL



ROSALIND FRANKLIN UNIVERSITY



Bio

Dr. Issata Oluwadare is an award-winning visionary leader with over fifteen years of formal leadership experience in higher education and a mission to mobilize historically marginalized communities. She is a content creator, five-time #1 bestselling author, entrepreneur, motivational speaker, certified life coach, professor, minister, and consultant specializing in women's leadership and business development.

As the founder of The EZ Breezy Life, Issata leads a global network of women spanning 50+ countries. Through this platform, she empowers women to achieve balance, purpose, and rest across all dimensions of wellness. Her Goodpods "Top 100" podcast, "The EZ Breezy Life with Issata O.", highlights everyday women navigating leadership, faith, and relationships while striving for healthy, well-balanced lives.

Issata's work has impacted professionals at over 80 higher education institutions and over 7,000 participants globally through over 50+ empowerment and development events, including the signature Small Business Saturday Series. As the Principal of Issata O. Inc., she has delivered over 50 invited presentations on leadership, business development, and women's leadership. Her strategic coaching and consulting services have helped high-powered clients launch businesses, books, and brands.

A passionate advocate for families, Issata writes about infant loss and special needs parenting, inspired by her family's journey. Through her family's organization, Manny's Village, she supports local organizations and encourages hope through storytelling. Her children's book, *Mighty Manny*, debuted as an Amazon #1 New Release, made the top-ten bestsellers list, and has been featured on over 500 news outlets, including Yahoo News, ABC News, Blacknews.com, Fox, and CBS.

Issata's excellence has earned her numerous accolades, including the prestigious Presidential Lifetime Achievement Award from the Biden-Harris Administration, recognition as a Marquis Who's Who Honoree, induction into the National Society of Leadership and Success, and a Brainz 500 Global Honoree. A lifelong learner, Issata received her formal education from Capella University, Yale School of Management, Northwestern University, and Rutgers University, where she is a senator and member of the alumni council. She is also a member of Psi Chi, the International Honor Society in Psychology. Issata sits on several community boards focused on educational attainment and eradicating poverty. She is also a Certified Life Coach and holds over 50 certifications in executive leadership, communications, diversity, equity & inclusion, and project management.

When she's not leading, teaching, or speaking, Issata enjoys a peaceful, quiet life with her loving husband, two children, and extended family, embodying the principles of authentic, imperfect leadership she passionately models.

Let's turn those dreams into a reality.